

TOPIC THEME: "The Anchoring of God's Promise" Hebrews 6:19

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"We have the hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, 20 where our forerunner, Jesus, has entered on our behalf."

INTRODUCTION:

In view of the modern world in which we are doing life from, I have a message from the Lord for the young women. We exist in a world driven by external stimulants:

- Our sense of self is ruled by how much stuff we have – what we wear, what we drive, where we live, where we are economically etc.
- Our emotional wellbeing is determined by our status in life – married or single, employed or not, educated or not etc.
- Our sense of security is determined by the theories of the day – political ideologies, cultural requirements, social expectations, social media accepted news etc.

It's important to remind each other that you have a **SOUL**, **SPIRIT** or **INNER WORLD**, as expressed in Hebrews 6:19, the theme scripture text. We will focus on that **INNER WORLD** this morning.

YOUR INNER WORLD IS IMPORTANT:

- Your inner world is important – even the Bible is saying so – even psychologists have concluded so.
- First things first – your inner world feeds your outer world. **NOT** the other way round.
- The state of your inner world determines the state of your life. **NOT** the other way round.
- So your inner world is a most valuable part of you.

YOUR INNER WORLD NEEDS AN INNER SECURITY GUARD:

Anything of value has to be guarded. E.g., a country has a defence force.

The Bible uses the metaphor of an **ANCHOR**. A ship faces various natural dangers, forces, storms and winds, so it needs an anchor otherwise it will be tossed about, damaged, directionless and ultimately sink.

The modern world presents its own dangers to the health of our inner world. It is important to hear from you young women, how you are dealing with the dangers that lurk behind of a low self-esteem.

QUESTION to the Young Women: "WHAT THINGS AFFECT YOUR SELF-ESTEEM?"

RESPONSES FROM THE YOUNG WOMEN AT THE CONFERENCE:

- a) My body weight and shape, especially when "fat"
- b) My background or family of origin
- c) My employment status – lack of employment or the type of job I'm in
- d) My marital status – single and divorced are seen as lesser than the married.
- e) My skin colour – Black is inferior to white, light skin is seen as better than dark skin.